(附件五)

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| |  |  |  |  | | --- | --- | --- | --- | | **檢查項目** | **細項內容** | | **臨床參考之意義** | | **一般檢查** | 身高、體重、血壓、脈搏、BMI | | 身體的初步評估，以了解基本功能狀況 | | **體脂肪檢測** | 體脂肪率 | | 體內脂肪、骨骼、肌肉、水份等含量比例分析、 肥胖程度測定 | | **醫師理學檢查** | 口腔、頸部、心音、神經系統、胸部 腹部、皮膚、四肢等聽、觸診與病史詢問 | | 甲狀腺、淋巴腺、心雜音、皮膚、靜脈曲張、氣喘、腹部、肺部、下肢水腫疾病等 | | **眼科檢查** | 氣壓式眼壓測定(請勿佩戴隱形眼鏡) | | 利用氣體吹到角膜、視其對角膜之抗力來測量眼壓，臨床上可作為是否有青光眼的重要參考 | | **視力檢查** | 視力、辨色力 | | 視力、色盲 | | **聽力檢查** | 純音氣導測試 Audio (PTA500.1000.2000Hz) | | 兩耳聽力損失程度測定 | | **尿液常規檢查** | 尿糖、尿蛋白、尿潛血、尿酸鹼值、尿膽素原、尿膽紅素、尿白血球酯、尿酮體、尿亞硝酸、尿比重 | | 尿路感染或發炎、急慢性腎炎、腎功能不良、糖尿病、泌尿道結石、腎病變症候群等之篩檢、泌尿道疾病檢查 | | 尿液沈渣：白血球、紅血球、上皮細胞圓柱體、結晶體 | | | **血液常規檢查** | 血色素Hb | | 貧血分類(如缺鐵性、海洋性貧血)、血液凝固功能、白血病(血癌)、血小板缺少紫斑病、細菌性感染、免疫性疾病 | | 紅血球數目RBC | | | 白血球數目WBC | | | 紅血球容積HCT | | | 紅血球平均容積MCV | | | 紅血球平均血色素量 MCH | | | 紅血球平均血色素濃度 MCHC | | | 血小板數目PLT | | | 紅血球分布寬度RDW | | | **白血球分類** | 淋巴球LYM％ | | 病毒性感染增加、細菌性感染時減少 | | 單核球MON％ | | 發炎、感染時增加 | | 嗜中性NET％ | | 細菌性感染時增加 | | 嗜酸性球EOS％ | | ＊過敏性疾病、寄生蟲感染時增加 | | 嗜鹼性球BAS％ | | 比例增加常和惡性疾病有關 | | **肝功能檢查** | 麩丙酮轉胺SGPT | | 檢查是否有急慢性肝炎、肝硬化、肝膽功能異常、肝腫瘤及膽道阻塞、營養狀態等症狀。 | | 麩草酸轉胺SGOT | | | 血清總蛋白Total Protein | | | 血清白蛋白Albumin | | | 血清球蛋白Globulin | | | 白蛋白/球蛋白比率(A/G ) | | | 鹼性磷酸ALK-P | | | 麩酸轉移 r-GT | | 肝膽機能障礙、酒精性或藥物性肝炎 | | **膽囊功能檢查** | 總膽紅素 T-BIL | | 膽道阻塞、膽結石、膽管炎、黃疸症、肝病變、肝炎 | | 直接膽紅素 D-BIL | | | **腎功能檢查** | 肌酸酐 Creatinine | | 急慢性腎炎、腎衰竭、尿毒症、腎臟機能障礙 | | 尿素氮 BUN | | | **痛風檢查** | 尿酸 UA | | 檢查腎臟有無代謝性功能障礙,尿毒症,痛風或腎炎。 | | **心血管危險因子檢查** | 三酸甘油脂 TG | | 脂肪代謝異常、血液循環功能、動脈硬化症、潛在性心臟血管病變危險因子評估 | | 總膽固醇 T-CHOL | | | 高密度脂蛋白膽固醇 HDL | | | 低密度脂蛋白膽固醇 LDL | | | 總膽固醇/高密度膽固醇比值 T.Chol / HDL | | | 低密度膽固醇/高密度膽固醇比值 LDL-C / HDL | | | 高敏感度C反應蛋白 hsCRP | | C反應蛋白可以預測細小血管發炎情況的機率，為心血管疾病發生率之重要風險指標。 | | 脂蛋白（A）(Lipoprotein (A)) | | 腦動脈狹窄、冠狀動脈硬化風險評估 | | 同半胱胺酸(Homocysteine) | | 測量血中類半胱氨酸的濃度，濃度越高會促進血液凝集，形成血栓阻塞血管，，評估動脈血管粥狀硬化形成之腦中風、心肌梗塞等 | | **血糖檢查** | 飯前血糖 AC Sugar | | 糖尿病的篩檢 | | 糖化血色素 HbA1c | | 是測定血色素糖化的平均值；可作為2~3個月內糖尿病控制的指標 | | **甲狀腺功能檢查** | 游離甲狀腺素 free T4 | | 檢測甲狀腺機能亢進或低下症 | | 甲狀腺素刺激素 TSH | | | **電解質檢查** | 鈉(Na) | | 檢查身體代謝功能及電解質是否平衡。 | | 鉀(K) | | | 氯(CI) | | | 鈣(Ca) | | | **心肌功能檢查** | 乳酸素氫酵素 LDH | | 心肌梗塞、肺栓塞、肌肉病變等疾病之參考 | | 肌酸磷化激脢 CPK | | | **胰臟功能檢查** | 澱粉脢 Amylase | | 急慢性胰臟炎、腮腺炎、其他肝、膽炎、消化性潰瘍 | | **肝炎檢查** | B型肝炎表面抗原 HBsAg | | 檢查有無B.C型肝炎感染及抗體。 | | B型肝炎表面抗體 Anti-HBs | | | C型肝炎病毒抗體 Anti - HCV | | | **癌症標記篩檢** | 甲型胎兒蛋白篩檢 AFP | | 肝硬化、肝癌等初步參考指標 | | 癌胚抗原篩檢 CEA | | 腸、胃、肺、胰等腫瘤初步參考指標 | | 胰臟癌篩檢 CA-199 | | 胰臟癌、胃癌、肝膽系統癌等初步參考指標 | | 卵巢癌篩檢CA125 (適女性) | | 卵巢癌、子宮內膜癌或發炎、良性瘤 | | 乳癌篩檢 CA-153 (適女性) | | 乳癌初步參考指標 | | 攝護腺(前列腺)特異抗原PSA (適男性) | | 攝護腺癌或攝護腺發炎的初步參考指標 | | 扁平上皮細胞癌抗原 SCC | | 子宮頸及肺部、頭頸部位之上皮細胞癌 | | 鼻咽癌篩檢 EB-VCA IgA | | 鼻咽癌高危險群初步參考指標 | | **組織發炎檢查** | C反應蛋白 CRP | | 急慢性發炎、組織受損、心肌梗塞、惡性腫瘤 | | **類風濕因子檢查** | 類風濕因子 RF | | 類風濕性關節炎初步參考指標 | | **心電圖檢查** | 靜式心電圖 EKG | | 心律不整 、 心肌缺氧、心肌肥大 | | **肺功能檢查** | 肺活量(VC)、 努力性肺活量(FVC)、 第1秒最大呼氣量(FEV1)、最大吐氣中段流速(FEF25%-75%)、吐氣尖端流量(PEFR) | | 阻塞性肺病、 限制性肺病 | | **X光檢查** | 胸部攝影 Chest PA | | 肺結核、肺炎、肺腫瘤、肋膜積水、支氣管擴張、心臟肥大 | | 腹部攝影 KUB | | 腹腔器官是否有膽結石、泌尿道結石、骨刺 | | 腰椎攝影L-Spine | | 腰椎側彎、骨刺等檢查 | | **上腹部超音波檢查** | 肝、膽、腎、胰、脾臟、門靜脈等結構掃描檢查 | | 脂肪肝、膽結石、膽囊息肉、腎結石、脾腫大、肝癌、胰臟腫瘤等 | | **無痛型內視鏡 (麻醉) 當日需由成人陪同返家** | 極細胃鏡 | 胃、食道、十二指腸內視鏡 | 胃炎、胃潰瘍、胃癌、12指腸潰瘍、幽門螺旋桿菌檢查 | | 幽門螺旋桿菌檢驗 | | 大腸鏡檢查 | 大腸纖維鏡 Colonscopy：直腸、乙狀結腸、降結腸、橫結腸、升結腸、盲腸 | 瘜肉、發炎、腫瘤、痔瘡、潰瘍等診斷 | | **雙光子骨質密度量測** | 骨質密度檢查DXA(腰椎L1~L4) | | 骨質疏鬆及流失情況、骨折預防評估 | | **動脈硬化檢測** | 脈搏脈動資訊化(血管阻塞ABI / 血管硬度PWV) | | 動脈硬化程度、阻塞性動脈硬症、腦中風 | | **婦科會診(女性)** | 婦科超音波(適女性) | | 檢測子宮、卵巢等器官構造掃描，檢查是否有子宮肌瘤、卵巢瘤或其他異常病變等 | | 子宮頸薄層抹片檢查 Pap’s smear  (適女性) | | 採用特殊採樣刷及特殊液態保存瓶，可將醫師採 集的細胞數100%的收集到瓶內、提高子宮頸癌篩檢準確性 | | 人類乳頭瘤病毒檢查HPV(適女性) | | 絕大多數情況下人體可以自動清除病毒﹐感染者不會有任何不適症狀。在少數情況下﹐持續多次的HPV病毒感染會引發女性子宮頸發生病變﹐並可能導致子宮頸癌、外陰癌、陰道癌(相關性40%)等。 | | **乳房超音波(女性)** | 檢測雙側乳房等結構掃描檢查(適女性) | | 是否有纖維囊腫、腫瘤或其他異常病變等 | | **頸動脈超音波** | 頸動脈超音波(男性二選一) | | 瞭解頸部供應腦部血流的大動脈有無粥樣硬化斑塊，腦血管疾病 | | **攝護腺超音波** | 攝護腺超音波(男性二選一) | | 檢測攝護腺是否有腫大或癌症等病變 | | **檢查代餐** | 低渣全素檢易餐點 | | 低渣專用代餐 | | **腦部磁振造影(MRI)檢查** | 腦部組織核磁造影精密掃描檢查(Brain MRI) | | 利用高科技核磁造影檢測是否有腦部組織異常、退化、梗塞、血管阻塞、不明原因頭痛、暈眩、耳鳴等病變，並可評估頭部鄰近器官如鼻竇等構造 | | **64切立體導航式電腦斷層掃描檢查** | 肺部腫瘤檢查 | | 低輻射劑量肺部電腦斷層檢查，完全無侵襲性，可偵測出微小病灶，亦能完整評估縱膈腔、心臟周邊、脊椎附近等一般X光難以診斷的區域。 | | **彩色心臟超音波** | 檢測心臟等結構掃描檢查 | | 可了解心臟是否擴大、瓣膜問題、先天性心臟病、心肌梗塞或缺氧、心臟腫瘤等 | | **體檢專用健檢服** | 提供個人專屬休閒套裝一套 | |  | | **餐飲服務** | 提供精緻營養餐點 | | ※素食可 | | **綜合解說報告** | 詳盡解說報告 | | 健康問題諮詢，以及後續轉診服務 | | **檢查報告書及手冊** | 提供詳實的檢查報告書 及精美健康手冊。 | | 保存健康檢查結果，逐年比對健康狀態。 健康手冊提供您更多健康保健知識 | |